



**The Monroe Institute Gateway Voyage** takes you on an incredible six-day adventure with like-minded explorers from all over the world. Participate in the evolution of human consciousness and realize your own true destiny!

[Click here for Gateway Voyage Video](#)

The Gateway Voyage exploration is a prerequisite for a number of graduate programs. Gateway provides tools that enable the development and exploration of human consciousness; deeper levels of self-discovery; expansion of one's awareness; willful control of that awareness; communication with and visits to other energy systems and realities. On this journey, voyagers' experiences are enhanced through the use of our Hemi-Sync™ audio support process and focused intent applied in a comfortable, safe environment.

Rather than promoting a particular belief system or doctrine, the Monroe Institute strongly believes that it is important to support and assist individuals in finding personal answers, thus all are encouraged to bring individual interests and concerns to this course. Though there is an opportunity to examine broad overviews regarding consciousness and change, it is up to each individual to discover and reach their own conclusions with the assistance of the course facilitators and within a group setting as the concept of being more than one's physical body is investigated and explored.

The Gateway Voyage consists of progressive learning audio-guidance exercises, application sessions, group discussions, and informal lectures. Additionally, demonstrations and videos elaborate on the research and effects of this audio-guidance technology on consciousness, human behavior, thought, and emotions.

Out-of-body states and tools that may be utilized to achieve this particular state of consciousness are covered in the Gateway Voyage, but that is only a small part of the program's overall scope of self-awareness, self-empowerment and stress reduction. *For obvious reasons, we cannot guarantee a conscious **out-of-body experience** during, or subsequent to a Gateway Voyage Program* - but TMI does offer guidance and information about the experience of exploration out of the body.

We believe that coming to the Gateway Voyage with an open mind and a willingness to learn about yourself will greatly enhance your experience. The program does not use a pass-fail, right-wrong learning model. We encourage the exploration of consciousness from a personal and individualistic standpoint that allows you to determine what is most meaningful and effective for you.

Tools presented during the program can be used to accomplish a variety of goals, including:

- total relaxation
- recognition and control of personal energy
- problem-solving
- exploration of out-of-body states
- greater self-awareness
- emotional cleansing
- assertion of goals for your future

**Tuition: \$1,995. (Includes all seminar activities, meals, snacks, lodging, and local airport pickup & drop-off)**