

# 'SOUL THERAPY' WORKSHOP

(February 13, 2016)

Masons Hall ~ 1495 West 8<sup>th</sup> Ave. Vancouver

'Soul Therapy' Saturdays begin at 10 AM with a Monroe Institute Hemi-Sync assisted Past Life Regression workshop. Following lunch, while the deep relaxation and euphoria of the earlier session lingers, we move into a profoundly awakening Breathwork session from 2 to 4 PM.

**Two great workshops in a single day for a special low price of \$95.**

## Soul Therapy 'Past Life Regression'

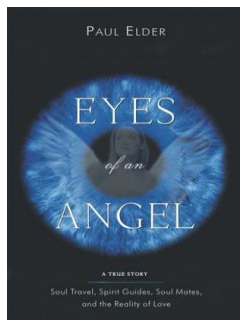
The first seminar in this "Soul Therapy Series" is a Past Life Regression session in which participants, assisted by patented Hemi-Sync audio technology from the Monroe Institute, are led through progressive levels of hypnotic regression to experience and remember one or more past lives which may be of significance to the participant's present lifetime and circumstances. Participants find the seminar a very healing and empowering experience.

## Soul Therapy 'Breathwork'

Facilitated with special Hemi-Sync tones from the Monroe Institute, this two hour workshop is a "Soul Therapy" breath work experience. Utilizing a simple, yet powerful breathing technique, this gentle methodology has proven to be profoundly energizing for body and soul. Related to ancient yogic pranayama and kundilini practices, this special form of breath work cleanses the physical, emotional and mental aspects of the body, bringing about a new integration of mind, body and spirit for a powerful, healing, life-changing transformation.

Completely safe and healthy, participants may experience tremendous euphoria and elation, with a remarkable new lightness in their bodies... Many have enjoyed spontaneous past-life and out-of-body experiences.

From our time in the womb to the present, we all store the imprints of powerful emotions and sometimes traumatic experiences in the cells of our bodies. Soul Therapy Breathwork facilitates and encourages the release of these emotional energies allowing participants to move into a new level of understanding and balance in life.



## ~ Soul Therapy ~ Workshops

**Paul Elder**  
Author

*Eyes of an Angel*



**For information and registration, contact Paul Elder**

Phone: (250) 730-7701

E-mail: [paul.elder@shaw.ca](mailto:paul.elder@shaw.ca)

[www.paul-elder.com](http://www.paul-elder.com)