

# Lucid Dreaming Intensive

**Bay View Retreat – Nanoose Bay, British Columbia**

**September 10 – 16, 2018**



The **Lucid Dreaming Intensive** is a six-day exploration into the world of dreaming awareness. Featuring specially designed Hemi-Sync audio-guidance exercises together with ancient wisdom and cutting-edge brainwave research this powerful program guides participants into states of consciousness where they can consciously interact with their dream environment.

The dream world offers a rich tapestry of experience, insight, creativity and opportunity for personal growth. Within it, we encounter situations where we can challenge our fears and self-limiting belief systems. We can find artistic expression and insight; we can find creative solutions to daily problems. We can also learn to heal ourselves of emotional and physical ailments, whilst developing greater love, compassion and kindness for ourselves and others. We can also have a lot of fun as we perform the physically impossible, such as flying unaided through the air, breathing underwater or venturing into deep space.

In learning to consciously interact with the dream state, we also deepen our relationship with hidden aspects of ourselves. We learn to reclaim that dormant part of our lives and become an integrated whole. We can do all of this because we no longer passively observe or ignore the dream state, but instead we wake up to it and in doing so, become more aware in our daily lives.

Developed by International dream specialists, Luigi Sciambarella and Thomas Hasenberger, this powerful program opens participants to:

- Becoming aware of, and interacting with the dream state
- Developing your optimal practice for lucid dreaming
- Developing greater self-awareness
- Identifying and releasing fears and self-limiting beliefs
- Emotional and physical healing
- Using different states of consciousness for creativity and problem solving
- Gaining an overview of a greater reality

**Tuition: \$1,995.**

**(Includes all seminar activities, meals, lodging, and local airport/ferry pickup & drop-off)**

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