

The Monroe Institute

Exploration 27[®]

Prerequisites: Gateway, plus the Lifeline or Guidelines programs.

Exploration 27 provides the means for a week of immersion within Focus 27, and an introduction to some of its many functions. This is a week of pioneering, cutting-edge explorations and research.



On the last night of the Lifeline program, Bob Monroe was fond of meeting with participants, taking great delight in encouraging them to describe the nature of their experiences in Focus 27. His own journeys had taken him mostly to the Park and Reception Center; clearly, this was a much vaster area than he had previously realized, with many unique opportunities for further cutting-edge exploration.

While visiting the Education Center, Healing and Regeneration Center, and Planning Center, participants receive information relevant to their own personal quests as well as insights related to the “larger picture.” Special features include visits to the center of the Earth - a sacred journey often filled with new insights and appreciation for our Mother and her many precious gifts.

Toward the end of the program, participants venture into previously uncharted territories. Focus 34/35 is the area of the “Gathering” described by Bob Monroe in Far Journeys, and its exploration frequently evokes new perceptions and sensations, and a singular quality of unity and oneness. Bringing the experiences from There and integrating, firmly anchoring them Here, allows for a particularly satisfying and rewarding conclusion to these multi-faceted adventures.